



Step 1

You've got the kit!



Step 2

Unfold the bag exposing the filter patch. This is where your mushrooms breath. Leave it in a spot away from direct sunlight and with high airflow. Ideally 22 degrees.



Step 3

Wait at least 10 days, no longer then 21 for it to fully colonise. Lions mane mycelium is hard to see. After 21 days baby mushrooms will grow throughout the bag which uses up vital nutrition resulting in a smaller mushroom yeild. If this happens, simply move onto the next step.



Step 4

Clean a pair of scissors with warm soapy water.



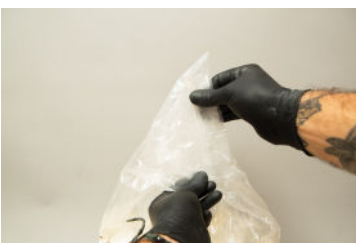
Step 5

Cut the tip of the bag.



Step 6

Fold the right corner over the filter patch.



Step 7

Fold the left corner over the filter patch.



Step 8

Tape the top of the bag down tight.



Step 9

Clean a knife with warm soapy water.



Step 10

Cut a small x in the bag near the top on the opposite side to the taped flap.



Step 11

Mist the bag as many times a day necessary to keep fine droplets on the x to trigger mushrooms to grow.



Step 12

Stop misting when baby mushrooms start growing.



Step 13

It's hard to know when Lions mane is ready to pick. Harvest after 6-7 days from initial growth. Any longer and spores may start dropping which results in a shorter shelf life.



Step 14

Wash your hands with warm soapy water or wear a pair of gloves.



Step 15

Harvest by grabbing it by the base, twist and pull.



Step 16

Pick off any mushroom debris from the x to prevent them from decomposing and possibly contaminating the rest of the bag.



Step 17

Boil water to kill any contamination and let it cool down completely.



Step 18

Fill a bowl up with the pre boiled water and submerge the bag for 2 hours. Make sure the x is submerged. This will ensure the block is hydrate to grow more mushrooms.



Step 19

Mist the bag as many times a day necessary to keep fine droplets on the x to trigger mushrooms to grow again.



Step 20

Pick mushrooms after 6-7 days of initial growth. Mushrooms grow smaller every growth as nutrition depletes. Repeat step 14, 15, 16 & 17 once more.



Side fruiting mushrooms

Easy to grow

Lions Mane - 16 - 24°